# FRESNO RIVERSPORT CENTER THE PADDLESPORT CAMP

# The Paddlesport Camp

The Paddlesport Camp is not your traditional summer camp. Most of a camper's time will be spent on the water in canoes, kayaks, and standup paddle boards. Campers will be taking instructional courses sanctioned by USA Paddlesports and the California Department of Boating and Waterways. Campers will learn basic water safety and paddling skills and rescues. They will also have the opportunity to go on an 8.5 mile river trip.

Campers will use their paddling skills to participate in a wide variety of on-the-water games including sprint races, kayak water polo, chariot races, and capture the flag. Friday is Paddlesport Olympics day. Campers will use their skills to compete in "Olympic" style events and earn medals.

In addition to Paddlesport activities campers will "connect" with the San Joaquin River through science, leadership and stewardship activities. They will study macro invertebrates, investigate wildlife and learn about the effort to return salmon to the river. Campers will also participate in the Initiative and Confidence Leadership program and perform a river stewardship activity.

#### Why Choose the Fresno RiverSport Center?

The RiverSport Center is a leader in providing San Joaquin River recreation, education, and RiverSport Centers. Every year we involve 1000's of participants in outdoor education field trips, paddlesport instructional programs and river trips, and stewardship projects. Our staff includes credentialed teachers, experienced natural resource docents, and certified paddlesport instructors. Our events are not only fun but educational and safe!

The RiverSport Center is recognized as an Aquatic Center by the State of California Department of Boating and Waterways. We provide water safety and paddlesport instructional classes that prepare participants to paddle safely and effectively. Our paddlesport staff receive extensive training in first aid and CPR and are certified United States Canoe Association instructors.

The RiverSport Center is your best choice for San Joaquin River paddlesport programs. We take great care in planning all of our events to make sure they are well organized, start and finish on time, and provide an enjoyable experience. Our river guides and instructors paddle the San Joaquin River in Fresno more than any other group. They are eager to share their knowledge and love for the river with you.

We use only the best equipment. This includes Jackson Kayaks and Paddle Boards, coast guard approved life jackets, safety whistles, and helmets. Our guides and instructors are equipped with wireless radios, tow ropes and throw ropes, cell phones, and complete first aid kits.

The RiverSport Center is committed to environmental leadership. All of our events include interpretation. Participants learn about the unique San Joaquin River ecosystem, river restoration, and its importance for California Water Resources. We also perform regular large scale river cleanups.

The RiverSport Center is confident your camper will have a great Summer Camp experience with us that will exceed all expectations!

#### **Contact:**

Steve Starcher, <u>sstarcher@riversportcenter.org</u>, 559-289-8874 We will be providing camp contact information for each week of camp.

#### Locations

<u>Cobb Ranch</u>: This is our home base! Directions: Take HWY 41 North and cross the San Joaquin River. Take the first exit past the river: Cobb Ranch Blvd/Rio Mesa Blvd. Turn right at the top of the hill and then turn right at the bottom of the hill. Turn left at the first road. You will see signs for Panoche Creek River Ranch and for Wildwood Mobile Park. Go straight ahead and follow this road until you see the Cobb Ranch sign. You will drop your camper off in the grass area..

<u>Lost Lake Park</u>: If your camper wishes to go on a river trip you will need to transport them to Lost Lake Park on that day. (River Trips are not required!) Our insurance does not allow us to transport students. We will make sure you know the river trip day well in advance. Early check in will be available. Directions: From HWY 41 take Friant Road East. Lost Lake Park is located on the North side of the road just before the town of Friant. Once inside the Park you will turn left just past the parking Kiosk. Follow the road until its starts to go uphill. You will turn left and go downhill toward the river. You will see the kayaks and staging area.

# What to Wear & Bring

#### What to wear:

Campers should be dressed appropriately. Swimsuits and t-shirts are appropriate dress and must be worn at all times when on the water. Swimsuits can be worn under short pants. Please make sure the t-shirts have sleeves. This will protect against sunburn. It is a good idea to have your camper bring a change of clothes.

Your camper should not wear jewelry, rings, large ear rings or necklaces. These can be easily lost or caught in branches and cause serious injuries.

Closed toe shoes are required. No flip flops or open toe sandals. Water shoes or old tennis shoes are a good choice. Water sandals must have a heel strap. A dry pair of shoes would be good for the ride home.

Please make sure your camper's name is on all personal items! This will help if they get lost.

#### What to bring:

Backpack-to keep all personal items in
Towel-for after paddling
Change of clothes-for after paddling
Sunscreen-spf15 that does not sting the eyes
Hand Sanitizer-wet ones hand towels are a good choice
Lunch & Snacks-place in a small cooler with ice
Refillable Water Bottle-a bottle with a lid that can be tied to a boat is a good choice
Sunglasses-inexpensive
Eyeglass strap-required for prescription lenses

If your camper brings a cell phone it will not be allowed on the water and must be kept in their backpack. Phones may be used during breaks and lunch. Do not bring computers, tablets, ipads.

Please make sure your camper's name is on all personal items! This will help if they get lost.

#### Camp Schedule (Cobb Ranch Drop & Pick Up)

7-8:30 am Camper Early Check In-Please make arrangements in advance

8:30-9:00am Check In

 9:00-10:15am
 Activity Session 1

 10:15-10:30am
 Morning Break

 10:30-11:45am
 Activity Session 2

11:45am-12:15pm Lunch

12:15-1:30pm Activity Session 3 1:30-1:45pm Afternoon Break 1:45-3:00pm Activity Session 4

3-3:30pm Camp Cleanup/Change Clothes

3:30-4:00pm Camper Check Out

4-5:00pm Camper Late Check Out-Please make arrangements in advance

#### River Trip Day Schedule (Lost Lake Park Drop Off; Cobb Ranch Pick Up)

7-8:30 am Camper Early Check In-Please make arrangements in advance

8:30-9:00am Check In

9:00-9:30am Unload equipment & gear up

9:30-11:30am Paddle 11:30am-12:00pm Lunch 12-2:00pm Paddle

2:00-3:00 Arrive at Cobb Ranch, load equipment, cleanup

3-3:30pm Camp Cleanup/Change Clothes

3:30-4:00pm Camper Check Out

4-5:00pm Camper Late Check Out-Please make arrangements in advance

#### Wednesday Parents Night Schedule (Cobb Ranch Drop & Pick Up)

4-5:30pm Staff Dinner & Break

5:30-7:45pm Boats will be available for use with Program Staff Supervision

7:45pm Camp Cleanup

#### Friday Paddlesport Olympics Schedule (Cobb Ranch Drop & Pick Up)

7-8:30 am Camper Early Check In-Please make arrangements in advance

8:30-9:00am Check In 9:00-11:45am Sprint Races 11:45am-12:15pm Lunch

12:15-2:30pm Kayak Water Polo, Chariot Races

2:30-3:00pm Award Ceremony

3-3:30pm Camp Cleanup/Change Clothes

3:30-4:00pm Camper Check Out

4-5:00pm Camper Late Check Out-Please make arrangements in advance

#### **Monday Morning Check-In**

Check in will be at the Cobb Ranch Lawn Area. Please be patient when waiting for your child to be checked in. We need to check in every child individually to make sure that they are properly placed in a group. We have multiple registration tables and try to be as fast and efficient as possible. You should still allow extra time on Monday morning!

To help the morning run more smoothly, parents can do the following:

- Make sure your child has already applied their sun block and they are prepared with a lunch and **plenty of water**.
- Have the camp balance paid ahead of time. We require that the balance is paid two weeks prior to camp.
- If you are bringing a summer camp packet make sure they are filled out **completely**. The release form must be signed and emergency phone numbers, contacts and medical information must be complete.
- Find your counselor. Signs with their names are placed on the picnic tables adjacent to the pavilion.
- Put your ice chest and backpacks on the appropriate picnic tables.

#### **Daily Check-In**

You will need to check your children in and out each day. Check in time is 8:30 am. Camp begins promptly at 9:00 am. If they are not here, we will call you. If you know that they will be late or missing a day, please let us know at (559) 289-8874. (There are no refunds for missed days!) Early drop-off is from 7:00 am to 8:30 am. Cost is \$10.00 per day. Arrangements must be made in advance!

### **Daily Check-Out**

Camp instruction and cleanup is over at 3:30 pm. Checkout is between 3:30 pm and 4:00 pm at the Pavilion. Your child must be signed out every afternoon. Campers are not allowed to leave on their own or wait alone. This is for their safety! Late pick-up is available from 4:00 pm to 5:00 pm. Cost is \$10.00 per day. Arrangements must be made in advance! If your child is in a carpool we must have written permission for pickup.

#### **Parents Night**

On Wednesday at 5:30 pm we are looking forward to seeing you for Parent's Night! This is a chance for your child to show off some of their newly acquired skills. Bring a swim suit and go canoeing, kayaking or paddle boarding with your child. Bring a picnic dinner and enjoy the shade of the beautiful Cobb Ranch. Cost is \$10.00 for 1 parent or \$25.00 for a family (4 participants). You will need to make a reservation and payment no later than Tuesday of your camp week. Parents and other participants will be required to sign a liability waiver before going on the water.

#### **Paddlesport Olympics**

Parents are welcome to attend the Friday Paddlesport Olympics day. Your camper will be participating in a series of races and games to test their skills. This will include canoe, kayak, and SUP sprint races, kayak water polo, chariot races, capture the flag and beach volley ball. Awards will be given for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers.

#### Registration

Registration is online at www.riversportcenter.org. We will not be doing paper registrations this year.

We have had numerous requests for a pre-registration plan for the 2016 Paddlesport Camp. Here is the plan:

Complete the online pre-registration form. Choose your camper's week(s) of attendance. Make a \$75 payment at registration. Make a \$75 payment by June 1<sup>st</sup>.

#### 2016 Camp Cost:

\$225 for 5 day camps \$180 for the July 5-9 4 day camp \$150 for a 5 day camp if you pre-register and pay in full by June1st \$50 for individual days \$50 for weekly early drop off (7-8am) or late pickup (4-5pm).

## Cancellations/Refunds/Rescheduling:

Cancellations made prior to June 13, 2016 will receive a full refund less a \$5.00 handling charge. After June 13, 2016, cancellations with a 1 week notice will receive a full refund less the \$75.00 deposit. Subject to availability of space you may reschedule your camp with one week notice.

You may pay your registration fee(s) online or mail a check (SJRSP, P.O. Box 26884, Fresno CA 93729